

Cancer Symptom Management

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Symptom Management in
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A Guide to Oncology Symptom Management
A Patient's
Guide to Cancer Symptom Management
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A Physician's Guide to Pain and Symptom Management in Cancer
Patients
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SYMPTOM MANAGEMENT IMPROVES YOUR LIFE (SMILE): A RANDOMIZED CONTROLLED
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Putting Evidence Into Practice
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NIH state-of-
the-science statement on symptom management in cancer
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accompanying cd rom contains customizable patient self care guides

doctors and nurses involved in the care of cancer patients need clear practical and up to date information and advice on the symptoms they encounter in this book robert twycross provides the framework of knowledge enabling the clinician to develop a scientific approach to managing symptoms the author draws on nearly a quarter of a century of personal clinical expertise in palliative care and his international experience to reflect current best practice symptom management in advanced cancer expands and develops the author s

previous work and includes new material on psychological neurological and haematological symptoms and on emergencies in palliative care there is also an extended section on drug profiles book jacket title summary field provided by blackwell north america inc all rights reserved

an established text showing doctors and careers how to provide a high level of physical and psychological comfort

despite the progress being made in cancer symptom management many patients with cancer still experience distress in their symptom experience whether from the disease or its treatment symptoms such as pain nausea and mucositis often in combination with other symptoms pose ongoing challenges to clinicians managing symptoms is essential to enhance patients quality of life and clinicians must stay up to date on effective evidence based interventions this new edition of a guide to oncology symptom management provides revised and updated content on the management of common symptoms experienced by patients with cancer chapters detail incidence and prevalence of disease and treatment related symptoms describe the pathophysiology related to the topic and provide appropriate evidence based assessment and treatment strategies new chapters examine symptom management at the end of life symptom distress and caregiver burden featuring case studies and extensive tables and figures to illustrate key points this accessible yet comprehensive text is an essential resource for oncology nurses and other cancer care clinicians book jacket

written in clear easy to understand language this resource can help you and your caregivers prevent or reduce the most common and troublesome effects of cancer and its treatment written by an experienced oncology nurse this handy guide arms you with knowledge to cope with the sometimes distressing symptoms that can affect your quality of life helping you take charge of your personal well being as you journey through treatment page 4 of cover

cancer symptom management covers multiple symptoms inherent in the treatment of cancer each symptom is examined in terms of its cause pathophysiology assessment management evaluation of therapeutic approaches and patient self care new chapters hypersensitivity reactions to antineoplastic drugs extravasation ocular and otic complications symptoms when death is imminent designed to assist clinical oncology nurses in skillfully relieving and diminishing the cancer patient s symptoms this book provides essential information and the tools necessary to provide quality care to cancer patients

janet l abrahm argues that all causes of suffering experienced by people with cancer be they physical psychological social or spiritual should be treated at all stages at diagnosis during curative therapy in the event that cancer recurs and during the final months in the second edition of this symptom oriented guide she provides primary care physicians advanced practice nurses internists and oncologists with detailed information and advice for alleviating the stress and pain of patients and family members alike the new edition

includes the latest information on patient and family communication and counseling on medical surgical and complementary and alternative treatments for symptoms caused by cancer and cancer treatments and on caring for patients in the last days and their bereaved families updated case histories medication tables practice points and bibliographies provide clinicians with the information they need to treat their cancer patients effectively and compassionately

introduction electronic systems can facilitate symptom monitoring and management the purpose of this study was to evaluate the effect of the cancer symptom management system symptom management improves your life smile which combined electronic symptom management and evidence based patient education for cancer symptom management methods a nonblinded randomized controlled trial was conducted cancer patients starting adjuvant or palliative chemotherapy ctx were randomized to control symptom monitoring experimental 1 exp 1 symptom monitoring report or experimental 2 exp 2 symptom monitoring report ons pep guided evidence based symptom management education groups in a 1 2 2 ratio n 249 additional benefit of symptom management education to continuous symptom monitoring was analyzed by comparing the exp 1 and exp 2 groups utilizing mann whitney u test and generalized estimating equations n 199 results fatigue and sleep disturbance changes were different between exp 1 and exp 2 groups among patients receiving adjuvant ctx p 042 and p 008 fatigue gradually decreased after a peak at the 1st ctx cycle in exp 2 whereas exp 1 experienced increasing fatigue until the 3rd ctx cycle a gradual decrease in sleep disturbance was observed in exp 2 after the 2nd ctx cycle whereas exp 1 experienced a steady increase in the symptom participants were willing to monitor symptoms using the cancer symptom management system evidence based symptom management education was considered as easy to understand and helpful conclusions the cancer symptom management system smile incorporating evidence based symptom management education effectively managed fatigue and sleep disturbance after adjuvant ctx integrating electronic symptom management system and evidence based symptom management education is recommended to better manage fatigue and sleep disturbance among patients receiving adjuvant ctx

cancer symptom science is the first interdisciplinary compilation of research on the mechanisms underlying the expression of cancer related symptoms it presents innovations in clinical animal and in vitro research research methods in brain imaging and statistical descriptive approaches to understanding the mechanistic basis of symptom expression this volume also provides perspectives from patients government and industry by collecting and synthesizing the developing threads of new approaches to understanding cancer related symptoms the book promotes a pioneering framework for merging behavioral and biological disciplines to clarify mechanisms of symptom evolution incorporating new technologies testing novel agents for symptom control and improving patient functioning and quality of life both during and after cancer treatment with an expert editorial team led by charles s cleeland an internationally recognized leader in cancer pain assessment and treatment this is essential reading for surgical clinical and medical oncologists academic

researchers and pharmaceutical companies developing new agents to control symptom expression

many cancer patients experience a variety of distressing symptoms adversely affecting their functional status and quality of life qol subjective symptoms such as pain fatigue and depression are common among cancer patients with approximately 33 55 of cancer patients experiencing pain during the course of their illness previous literature commonly examined a single symptom and its effect on patients functional status and qol but patients often experience multiple symptoms simultaneously since individual symptoms are often associated with decreased qol the assumption that symptom clusters might have a greater effect on qol is logical the coexistence of symptoms provides an insight into the importance of assessing clusters of symptoms rather than focusing on individual symptoms although the focus of single symptoms has advanced the understanding of those particular symptoms it may not be as helpful to health care professionals in guiding practice when patients present several concurrent symptoms it is important for clinicians to address and ultimately treat all concurrent symptoms symptom cluster research will help our understanding and treatment of multiple symptoms

it is hoped that the integrated treatment approach presented in this practical volume will serve to enhance the comfort well being and quality of life in cancer patients through all stages of the illness

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